

21st CCLC Communiqué

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Fiscal Year 2009 21st CCLC Applications Due

The Comprehensive Continuous Improvement Plan (CCIP) system was opened for all Fiscal Year 2009 (FY09) 21st CCLC sub-grant application submissions on February 4, 2008. All applications for new and continuing sub-grants must be completed via the CCIP by 5:00 p.m. on April 25, 2008. An application is considered complete once it has been approved by the organization's CCIP Authorized Representative, or its equivalent which is a school district Superintendent.

All first year applications will first be reviewed by the Ohio Department of Education's 21st CCLC staff for eligibility. Eligible applications will be reviewed at a competitive peer grant read. The FY09 grant read is scheduled for May 29, 2008 at the Bethel United Methodist Church located at 1220 Bethel Road, Columbus, Ohio 44120. The grant read will start promptly at 9:00 a.m. with grant reader training conducted as the first order of business. The grant read will end at approximately 5:00 p.m. once all of the applications have been read, evaluated and scored. Each eligible application must be represented at the grant read by a designated grant reader. Grant readers that are late or do not participate in the grant read will cause the application he/she is representing to be eliminated from the grant read. Unread applications will not have the opportunity to be granted an award. It is anticipated **that all applicants will receive notice of the FY09 awards by July 1, 2008 via CCIP.**

Important dates:

- 04/22 Parent/Family Engagement
- 05/06 Sustainability and Partnerships
- 05/20 Learning Supports

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Continuing grant applications will be reviewed and approved by the Ohio Department of Education's 21st CCLC staff for eligibility. It is anticipated that all continuing grant applicants will be notified via CCIP of the FY09 review results by July 1, 2008. The grant award period for FY09 begins July 1, 2008 and ends June 30, 2009.

Communities of Interest Team

The Ohio Department of Education (ODE) recently brought the 21st CCLC regional brown bag leaders together in an attempt to coordinate regional lunch-time networking sessions and to provide leadership regarding the purpose of these dedicated stakeholders. Two meetings have been conducted to date. The primary role of the group, now known as the "Communities of Interest," is to act as a sounding board as the ODE 21st CCLC staff develops future trainings and revises processes and procedures. You may contact ODE 21st CCLC staff member, Angela Darity at 614-644-8863 if you are interested in becoming a future Communities of Interest team member.



Youth Sport and Afterschool Programs

Youth sport has continuously been shown to be an asset to afterschool programs across the country. Sport programming often serves as an effective medium to engage youth in the afterschool program and to teach social skills. The article *Youth Sport as a Component of Organized Afterschool Programs* (Coatsworth & Conroy, 2007) offers a valuable overview of the reasons to include sports in afterschool programs, and the best ways to effectively integrate sport into afterschool programming. The article provides valid reasoning to suggest that “integrating youth sport and physical activity with afterschool programming could help meet the goal of enhancing youth well-being physically, socioemotionally, and academically” (p. 61).

Although academics are important, it is believed that afterschool programs should offer a wide range of activities in order to have a broader impact on youth development. **Sport participation has been linked to a variety of positive outcomes, including reduced anxiety and depression, increased levels of self-esteem, enhanced social skills and confidence, obesity reduction, weight loss, and the promotion of a healthy and physically active lifestyle.** In addition, a connection has been noted among physical activity and higher academic achievement, better cognitive functioning, and reduced dropout rates.

When integrating sport into the afterschool setting, there are a number of best practices that can be utilized to ensure optimal outcomes. These practices include:

- Determine a clear mission for a youth sport afterschool program
- Complete an assessment of community needs and resources. This can be done by gathering data from youth, parents, youth service providers, and community members. This will ultimately provide a clear mission with specific goals/objectives, as well as a more strategic set of programs. The findings of the assessment can also be used to target city resources and strengthen collaborations that will assist in building better and stronger youth sport programs.
- Create guidelines and/or curricula in order to avoid a lack of consistency. Curricula that can connect sport to academics, life lessons and teach physical, academic, and life skills may be particularly useful.
- Use varied teaching methods and provide sufficient programming in which youth are participating frequently.
- Ensure staff are trained in both sport technique and youth development. In some cases, afterschool staff may not be familiar with sport training techniques or skill; in this situation where no staff member is familiar with methods of teaching sport, or conversely, a youth sport professional is not familiar with youth development, then there are many available training programs that teach coaching techniques and strategies designed to enhance youth psychosocial development (e.g., National Youth Sport Coaches Association Program).



For more information on the positive benefits and best practices of sport integration into afterschool programs, please read:

Coatsworth, J.D., & Conroy, D.E. (2007). Youth sport as a component of organized afterschool programs. *New Directions for Youth Development*, 115, 57-74.

2008 21st CCLC Professional Development Conferences

ODE, in partnership with The Ohio State University's (OSU) College of Social Work, is proud to offer a variety of 21st CCLC professional development opportunities in 2008. These conferences are intended to help site coordinators and other site staff improve their 21st CCLC. The following conferences have been scheduled. Please note that some dates have changed.

These day-long conferences will be held at OSU's Longaberger Alumni House located in Columbus, Ohio. [Map](#) For more information or to register for an upcoming conference, please see registration instructions on page 4.

Parent/Family Engagement—Tuesday, April 22, 2008

The Parent/Family Engagement conference will include strategies that enhance parental/family participation in program activities through strong relationships and positive communications between

parents/family and 21st CCLC staff. 21st CCLCs attending this conference are encouraged to bring a parent leader from their site with them to begin developing joint leadership. This conference will specifically address techniques that elicit high quality educational experiences for parents/guardians, foster mutual support between parents/guardians, and explore strategies for gaining input from parents/guardians in decision-making. Dr. Tania Alameda-Lawson, Associate Professor of Social Work at Sacramento State University, along with two members of Parent-Led Assistance Network (PLAN), will be guest speakers on this day.

Sustainability and Partnerships—Tuesday, May 6, 2008

Sustainability and partnerships are key in guaranteeing the continued existence of the 21st CCLC. diversify funding streams in support of long-term financial stability and maximum center outcomes. Strategies that

support long-term success and aim toward future sustainability

will be discussed. Please note that new ideas will be covered that build from past 21st CCLC sustainability trainings.

Learning Supports—Tuesday, May 20, 2008

The Comprehensive System of Learning Support Guidelines, formally adopted by the State School Board in 2007, address the needs of all students in the belief that every child has the right to an education that meets his/her academic needs. The Learning Supports training will provide an overview of the aforementioned guidelines and their implications for 21st CCLCs. Exemplary sites will also share their stories, allowing for others to glean key insights that may have implications for their own schools and communities.

21st CCLC Sub-recipient Monitoring Status

The Ohio Department of Education's (ODE) 21st CCLC staff has begun the U.S. Department of Education's mandated sub-recipient monitoring process for 21st CCLC sub-recipients. An overview conference of the new monitoring process was conducted in December 2007 and January 2008. In addition, electronic mailings were sent to the grant sub-recipients during January and February to announce the new three tier monitoring process. The three parts of the monitoring process are comprised of the Ohio Quality Assessment Rubric (O-QAR) self assessment, the Profile and Performance Information Collection System (PPICS) data collection reporting, and the Compliance and Performance Assessment (CAPA). All O-QAR reports have been mailed and state-wide report will be available in May. The CAPA consists of sub-recipients submitting requested documents that support their 21st CCLC programs. In addition to the document review, a site visit will be conducted by ODE's 21st CCLC staff. Site visits for this year are scheduled for 21st CCLCs that are currently in their fourth year of funding. The site visits began in April and will continue throughout June. Contact an ODE 21st CCLC staff member with any questions you may have regarding the sub-recipient monitoring process.



21st CCLC Professional Development Opportunities

21st CCLC Grantees must register in STARS for all 2008 "21st Century- Tools for Success Series" conferences. To register through STARS go to: <http://webapp2.ode.state.oh.us/stars/>

1. Select the blue Login button
2. Enter your State ID # (Two Letters and seven numbers, no dashes or spaces), birth date, and last four of your SSAN
3. Register for the Event
4. *Should you experience difficulty registering in STARS, please contact Angela Darity at 614.644.8863.*

Contacting ODE & OSU

ODE and OSU can be reached in relation to your 21st CCLC at:

The Ohio Department of Education
Office for Safety, Health, & Nutrition
21st Century Community Learning Centers
25 South Front Street, Mail Stop 303
Columbus, OH 43215-4183
Phone: (614) 466-2945
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